

PROGRAM

HOWLING LIKE A WOLF

RESTLESS
DANCE
THEATRE

The Restless Dance Theatre
Youth Ensemble with
guests from Company @, Tutti Inc.
and No Strings Attached
Theatre of Disability.

AUGUST 17 to 25, 2012
THE QUEEN'S THEATRE
PLAYHOUSE LANE, ADELAIDE

CARCLEW



Government of South Australia
Arts SA



HOWLING LIKE A WOLF

Director:	Zoë Barry
Lighting/ Set Designer:	Geoff Cobham
Dramaturg:	Kate Sulan
Musician/ Composer:	Jed Palmer
Costume Designer:	Mariot Kerr
Project Manager / Rehearsal Director:	Jo Stone
Production Manager:	Nathan D'Agostino
Stage Manager:	Laura Smans
SM Secondment	Sam Johnson
timeMonsters:	Adam Synnott
Dresser / Costume Maintenance	Sacha Tearle
AV Technician/ LX Operator	Chris Petridis

Performers

Eleni Andriotsis, Felicity Doolette, Kathryn Evans, Jianna Georgiou, Caroline Hardy, Joel Hartgen, Rachel High, Lorcan Hopper, Alice Kearvell, Kym Mackenzie, Nigel Major-Henderson, Zoe Messenger, Dana Nance, Andrew Pandos, Jesse Rochow, Amanda Schipper, Matthew Shilcock and Tara Stewart.

Thanks to Joshua Magno and Alice Langsford for their creative input.

Spoken Text voiced by

Matthew Shilcock, Kym MacKenzie, Rachel High, Nigel Major Henderson, Zoë Messenger, Dana Nance, Eleni Andriotsis

Spoken text taken from the performers and the following sources:

Emotions Revealed Paul Ekman

The Expression of the Emotions in Man and Animals Charles Darwin

The Mechanism of Human Facial Expression or an Electrophysiological Analysis of the Expression of the Emotions Guillaume Duchenne de Boulogne

Autism, Testosterone & X The Science Show, Radio National

Aspergers Syndrome and Reading The Minds Of Others All In The Mind, Radio National

International Movie Database Meryl Streep

Real Social Dynamics - How To Attract Women: Dating Advice realsocialdynamics.com

Body Language Allen Pease

Thriller Michael Jackson

Cover Design: Peta Kruger /Photography: Sam Oster

Photography Credits: Zoe Barry Headshot: Sam Oster, all other Headshots: Roz Hervey

Director's Notes

I was at Restless and I was told to show love, and I was posing as a wolf, twisting my arms, howling at the moon
- cast member Eleni Androutsis

In 2008 Restless teamed up with Melbourne - based dance theatre company Rawcus to present *The Heart Of Another Is A Dark Forest* for the Melbourne Fringe Festival. The collaboration was wonderful and the production won Best Fringe Production. A great connection had been made between the two companies. In May 2010, Restless invited Rawcus back to Adelaide to conduct a weekend residency for the four leading disability arts companies: Restless Dance Theatre, Tutti Inc, No Strings Attached Theatre of Disability and Company@. We explored themes from Malcolm Gladwell's book *Blink* - how we "read" people and situations, and how much information we take in and process in the blink of an eye. Rawcus Artistic Director Kate Sulan and I were very inspired by the material that was generated, and the skill level of performers from all four companies. The time felt right to make a show with the combined companies, and thanks to Company@ performer Eleni Androutsis we already had a title! We approached Philip Channells (then Artistic Director) about the possibility of developing the residency into a production, and over the next two and a half years *Howling Like A Wolf* was created.

In *Howling Like A Wolf* humans are both the observer and the observed. The work explores facial expressions, our body language and the way our brains process complex and subtle information. The performers have shared their experiences of connection and isolation, the joy and confusion of human interactions, and how we all prepare ourselves for "this terribly significant business of "other people".

Much of the inspiration for the work came from examining French neurologist Guillaume Duchenne's revolutionary 19th century research into analysing and classifying facial expressions. He placed electrodes on patients' facial muscles, animating their expressions and created a classification system by which human expressions could be measured. The deconstruction and analysis necessary to give meaning to emotional connections between people has resonated with the performers, and they have been brave and generous in sharing their experiences and observations of the world.

I would like to thank Philip for supporting this work from the moment Kate and I approached him wanting to turn a two day workshop into a full production, and to Eleni Androutsis for giving us the title and inspiration for the show. Thanks to Jo Stone for her exceptional, caring work as rehearsal director, Kate Sulan for her wonderful mentoring and all the Restless staff for their support as I found my way through the process.

A heartfelt thanks is extended to the families and carers of the performers who have tirelessly gone out of their way to support the performers through a fairly gruelling rehearsal schedule. It has been a privilege and a fascinating process collaborating with these extraordinary performers, and I thank them all for the world they have created together.

Zoë Barry

Creative Team Biographies

Zoë Barry



With a degree in ethnomusicology from The University of Adelaide, Zoë's career has been diverse and unusual, encompassing professional Baroque cellist, member of indie, avant garde and Turkish classical ensembles, singer, session musician, composer for theatre, dance and film, and a performer/devisor of dance theatre work. She is known to Adelaide audiences for her performances with music ensembles including Adelaide Baroque, The Adelaide Chamber Singers, The Ruby Frost Quartet, guest member of The Zephyr Quartet and bands including Bergerac, Hope Diamond and Panoptique Electrical. Zoë has composed and performed for theatre and dance companies including State Theatre, Vitalstatistix, Kneehigh Puppeteers and Patch Theatre Company.

In 2006 Zoë cofounded theatre company Ladykillers, composing and performing in all of their productions. Zoë has recently returned from Patch Theatre Company's American tour of *Emily Loves To Bounce*, appearing at the prestigious John F Kennedy Centre for the Performing Arts in Washington, and she composed the score for their award winning production *Me And My Shadow* (2011 Helpmann Award, Best Children's Production), which is presently undertaking an extensive Australian tour.

Zoë has had a long association with Restless Dance Theatre, performing in and/or composing many of their productions, including *The Perfect Match*, *In The Blood*, *Safe From Harm* and *The Heart Of Another Is A Dark Forest*. Now based in Victoria, Zoë runs an innovative string program for refugee children through The Song Room, and performs with improvisational string quartet The Letter. She is currently working on Gaelle Mellis's upcoming production *Take Up Thy Bed*, and completing her debut solo album, *The Nervous Atmosphere*, under the moniker Alarm Birds. *Howling Like A Wolf* marks her directorial debut.

Jed Palmer



Jed Palmer is an accomplished and distinctive composer, sound designer and producer working in the theatre, film, TV and music industries. He first worked with Restless Dance Theatre in 2002, composing the score for *In the Blood* with his band Bergerac. Since then he's been the composer for many productions including Ladykillers' *The Pyjama Girl* (2010) and *Based on a True Story* (2011). On relocating to Melbourne in 2003, Jed began his career in film and TV. Eventually settling into sound design and music composition he has worked on several notable film, TV and documentary projects including *Noise* (2007), *Underbelly* (2008), *Wasted on the Young* (2010) and *Cloudstreet* (2011).

Currently Jed is performing his music under the moniker Mount Macedon and an album is nearing completion and will be available early in 2013.

Jed's upcoming projects include Malthouse Theatres' *Tame*, Gaelle Mellis/Vitalstatistix' *Take Up Thy Bed* and *Walk*, producing soundtrack album for US theatrical release of feature film *Wasted on the Young* and mixing Vincent Giarrusso's (*Underground Lovers*) solo album *Everything was Singing... Everything*.

Geoff Cobham



Geoff has worked as a Production Manager, Lighting Designer, Set Designer, Event Producer, and Venue Designer.

His recent set and lighting designs include *The Flying Dutchman* (State Opera), *The Age I'm In, Already Elsewhere, Same Same But Different* (Force Majeure), *construct* (Tanja Liedtke), *Plop* (Windmill), *Me & My Shadow*, *Fastest Boy*, *Emily Loves to Bounce* (Patch Theatre), *4:48 Psychosis*, *The Caretaker* (Brink), and *HELD* (Australian Dance Theatre).

His recent lighting designs include *Romeo & Juliet* (State Theatre), *The Wizard of Oz* (Windmill), *G* (Australian Dance Theatre), *Freaky* (Cirkidz), *Burning Daylight* (Stalker), *The Tragical Life of Cheeseboy*, *Wolf* (Slingsby), *Beetle Graduation*, *Drums in the Night*, *This Uncharted Hour* (Brink), *Impulse*, *Satyagraha*, *Einstein on the Beach*, *Quick Brown Fox*, *Akhnaten* (Leigh Warren & Dancers), *Cake* (Vitalstatistix), *Here Lies Love* (David Byrne), *Translations* (Flying Penguin Productions) and *Rebel* (Restless Dance). *Metro Street*, *Attempts On Her Life*, *Night Letters* and *The Goat, or Who is Sylvia?* (State Theatre of SA)

He has also designed lighting for the Northern Expressway, Museum Of Economic Botany at the Adelaide Botanic Gardens, The Bio Diversity Gallery at the South Australian Museum, Dinosaurs at the Australian Museum and Anzac Hall at the Australian War Memorial.

Geoff was the Production Manager of the 1995 Sydney festival, the 1996, 1998, & 2000 Adelaide Festival's, *Womadelaide* 1997 & 2001, *Come Out* 1999 & 2001

He was the Production Manager and Festival Designer of the 2008 & 2010 Adelaide Festival

He received a Churchill Fellowship in 2010 to study Outdoor Theatre in Europe.

Mariot Kerr



Mariot Kerr is a costume designer who has been working in the Australian Film Industry for over 15 years. Mariot studied Fashion Design and Costume History in Paris, and on her return to Australia in 1994 she established her design business. In 1995 Mariot was offered a position as a pattern cutter and costume maker for *"Shine"*. She quickly realised that although she loved designing fashion, her passion lay in film with its opportunity for character development through collaboration with directors, production designers and actors.

Since then Mariot's work has focused on films, and she has been part of the costume department for feature films such as *"Australian Rules"*, *"Look Both Ways"*, *"Black and White"*, *"Wolf Creek"* and *"Oranges & Sunshine"*.

Her design credits include coming of age story *"December Boys"* with Daniel Radcliffe and Jack Thompson, suburban thriller *"Beautiful"*, starring Peta Wilson and Tahyna Tozzi, USA/Australian co-production *"Broken Hill"* with Alexa Vega and Timothy Hutton, period drama *"Lucky Country"*, for which she received an AFI Nomination for Best Costume Design and *"Red Dog"*, awarded the honour of Best Film at the Inaugural AACTA Awards 2012.

Her most recent film project is soon to be released 70's Surf Feature, *"Drift"* - starring Sam Worthington and Xavier Samuels.

Performers' Biographies

Eleni Androutsis



Eleni Androutsis has borderline Autism & Asperger's. In 2006 Eleni joined AAA now known as Company @, Australia's first Autistic Theatre Ensemble. She has performed in E_MOVE at the Parks Community theatre for the Adelaide Fringe Festival.

In 2009 Eleni performed in the very successful Framed Out at APAC at the Sydney Convention Centre and at Immanuel College Theatre.

In March, 2011, Eleni performed "What Makes the World Goes Round" at the Adelaide Convention Centre. Eleni is a guest performer with Restless Dance Theatre Company. Eleni came up with the title Howling Like a Wolf for Restless Dance Theatres new show.

Felicity Doolette



Felicity Doolette (tutor) discovered Restless, initially by chance, and began attending the Restless Central workshops in late 2009. Since then she has performed with the Youth Ensemble in Take Me There and Debut 3 and completed the Dot to Dot tutor training course. She has worked with the Education Team at Restless Central and SCOSA workshops and as a Personal Assistant.

Kathryn Evans



Kathryn joined the Restless Dance Theatre Youth Ensemble in 2009 having participated in workshops with Restless Central during 2008. Kathryn has always loved dancing and singing and her careful execution of movement and beautiful, expressive face makes her a unique performer.

In 2009 Kathryn performed in the award-winning work Bedroom Dancing as part of the Come Out Festival and Debut 2, a collaboration between Adelaide College for the Arts dance students and the Restless Youth Ensemble. She performed in the work, Colours directed by Dana Nance. She danced alongside her grandmother Ros Evans in Next of Kin (2010) directed by Philip Channells, was one of the featured performers in Take Me There (2011) by Daniel Koerner and in the same year performed in Operation Bear Trap... Rumbling! directed by Andrew Pandos for the Debut 3 program and at the Cabra Celebrates end of year performance worked with Aimee Brown (Adelaide College of the Arts) to perform a duet from the same production.

Jianna Georgiou



Jianna Georgiou joined the Restless Youth Ensemble in 2006 and has since performed in Rebel Rebel, The Heart of Another is a Dark Forest, Debut 1, the award winning films Necessary Games, Bedroom Dancing, Next of Kin and Take Me There. Jianna directed Dancing Dragons for Debut 2, working with mentor Katrina Lazaroff and Superhero Island for Debut 3, working with mentor Tim Rodgers.

She has toured to the Melbourne Fringe. In 2010 she made her professional performance debut with the company in the world premiere of Beauty directed by Ingrid Voorendt.

Caroline Hardy



Caroline is a singer and dancer. In her final years at school Caroline joined the Tutti Ensemble. After completing her schooling she joined Tutti Arts and has performed with the group in Hobart, Sydney and country Victoria and at SA's Bundaleer Festival.

In 2009 she performed in The Shouting Fence at the Adelaide Fringe, a collaboration with the State Opera of SA and in 2011 Caroline performed in an adaptation of The Magic Flute. She is a member of the emerging all-female quartet Hot Tutti.

In 2011 Caroline was invited to join the Youth Ensemble for Debut 3, she performed in High Voltage directed by Lorcan Hopper. In 2012 Caroline toured to Port Moresby for the Australia Week Celebrations to perform High Voltage.

Joel Hartgen



Joel is an actor, film maker and visual artist who has been part of Tutti Inc since its beginning. Joel has been in every Tutti production including My Life, My Love, The Singing of Angels, Melrose Under the Big Top Circles, Between the Worlds. In 2008 he was part of the group that travelled to Minnesota USA to research the Northern Lights, Southern Cross project.

Other Tutti productions which Joel has performed in, include 'Mouth Music' (2006), 'Bundaleer Forest', 'Curfew', 'The Shouting Fence' (2009), 'Ten Ways to Love' and 'The Magic Flute' with State Opera SA and Cirkidz (2011).

Rachel High



Rachel's performance career includes performances with D Faces of Youth Arts, Whyalla and Restless Dance Theatre including a performance of Precious at the 2000 Paralympics Arts Festival, Sydney.

In 2003 she performed with AMICI Theatre/Dance Company, London in Time Step. She joined 'No Strings Attached Theatre of Disability' in 2002. In 2007 together with Netta Yaschin she developed and performed a cabaret piece Turkish Delight. In 2008 she worked with U.K. artist Julie McNamara, together creating and performing Steak & Chelsea at Feast 2008 and in London in 2009. In 2002 she was invited to spend a term with AC Arts students and performed with them in Dust to Dust. In 2010 she was a support actor with Back to Back

in Food Court in the Adelaide Festival. In 2009 she played the role of Kylie in the short film Work Ready, for which she was nominated for Best Performance in the South Australian Screen Awards. In 2007 she wrote and directed the short film Brown the Dirt.

Since 2003 she has worked as a dance/drama tutor with Restless Dance; St Patricks Special School; No Strings Attached Theatre of Disability; Hills Community Options Program.

In 2012 Rachel started a Bachelor of Arts at Flinders University.

Lorcan Hopper



Lorcan Hopper is a proud disabled dancer with Down Syndrome. He joined the Youth Ensemble in 2005. Lorcan has since performed in *Sustenance*, *Vocabulary*, *Continual Unfolding of Now*, *Rebel Rebel*, *The Heart of Another is a Dark Forest*, *Bedroom Dancing*, *Next of Kin*, *Take Me There* and the award winning film *Necessary Games*. In April 2008 Lorcan made his professional debut in *Safe from Harm*, with the *Restless Touring Company*. In 2008 he directed his first piece *Binge Drinking* working with mentor, Sam Haren and for *Debut 2* he worked with Glen McCurley on a piece entitled *Time Travelling*. In 2011 he directed *High Voltage* for *Debut 3* with mentor Larissa McGowan and dancers from AC Arts. This work toured to Port Moresby in Papua New Guinea

in 2012. In 2012 he joined the JUMP National Mentoring program mentored by Peter Sheedy. Lorcan is currently attending technique and composition classes with 1st year students at AC Arts. In 2012 Lorcan re joined the Tutti Ensemble as an actor.

Alice Kearvell



In 2003 Alice participated in the HOME project with *Restless Dance Theatre* and was then invited to join the Youth Ensemble.

With *Restless*, Alice has performed in *Starry Eyed*, *Sustenance*, *Vocabulary* (a collaboration with Australian Dance Theatre), *Rebel Rebel*, *Debut 1*, *Bedroom Dancing*, *Debut 3*, *Within These Lines* and *The Heart of Another is a Dark Forest* (a collaboration with Rawcus). In 2012 Alice toured to Port Moresby to perform in Lorcan Hopper's new work, *High Voltage* for the Australia Week Celebrations.

Alice Langsford



Alice is both a dancer and a nurse. After completing Year 12 Alice studied her Bachelor of Nursing through the University of Adelaide receiving the Executive Dean's Certificate of Merit for Outstanding Achievement. She is now a registered Nurse in the Cardiovascular Service Pool at the RAH. In 2011, Alice completed her Certificate IV in Dance at Gravity Dance Studios and joined *Restless Dance Theatre's* Youth Ensemble. She has performed in *Debut 3* with the company. She toured with Lorcan Hopper's new work, *High Voltage* to the Australia Week Celebrations in Port Moresby in March 2012.

Kym Mackenzie



Kym Mackenzie joined NSA in 1999, performing in *Retouched*, *In Your Wildest Dreams*, *Hidden*, *Catching the Juice* and *Trapped* with Alirio Zavarce. *Trapped* toured to Vanuatu in 2010, and its 2011 Adelaide Fringe production won the Inaugural Graham F Smith Peace Foundation Award. Most recently, Kym performed in NSA's award-winning *Sons & Mothers* at the 2012 Adelaide Fringe. He has also done film work including: as an extra in Alex Frayne's feature film *Modern Love* (2005); the central role in the short film *Train Runner* (2007), and supporting role in the film *Work Ready* (2008).

Nigel Major Henderson



Nigel Major-Henderson graduated from AC Arts in 2010. He has been in a number of dance works choreographed by Peter Sheedy, Daniel Jaber, Jo Stone, Aidan Munn, Zaimon Vilmanis and Xiao-Xiong Zhang. In 2008 he performed in the Adelaide season of Petrouchka with the Australian Ballet. He has choreographed works for Choreolab 2010 and 2011 and AC Arts. In 2012 Nigel became a registered teacher and received his Masters in teaching. In 2012 Nigel created his first dance film Commercial Addictiveness which screened at the Mercury Cinema in June. In 2012 he was an extra for the Adelaide season of Romeo and Juliet with the Australian Ballet. Nigel first performed with Restless Dance Theatre in Debut 3 in 2011.

Zoe Messenger



Zoe Messenger (tutor/disabled artist) became involved in Restless Dance Theatre through the Second Story Project. Zoe began dancing when she was 8 and has done jazz, tap, ballet and contemporary styles. Zoe started tertiary study in dance at AC Arts but had to withdraw due to illness. She first performed with Restless Dance Theatre in Debut 3 in 2011 performing in Jianna Georgiou's Superhero Island.

Dana Nance



Dana Nance joined Restless in 2004. Dana has since performed with Restless' Youth Ensemble in Sustenance and Vocabulary, Continual Unfolding of Now, Rebel Rebel, The Heart of Another is a Dark Forest, Bedroom Dancing, Necessary Games, Next of Kin and Take Me There. Dana toured with the company to the Youth Dance Festival in Horsham and the Melbourne Fringe Festival.

Dana made her directorial debut with A Scorpion, a millipede and a butterfly, mentored by Alison Currie for Debut 1. For Debut 2 Dana directed Colours mentored by Sasha Zahra.

In 2010 she made her professional performance debut with the Company in the world premiere of Beauty directed by Ingrid Voorendt.

Andrew Pandos



Andrew was invited to join the Youth Ensemble in 2005 and has performed in Sustenance, Vocabulary, Continual Unfolding of Now, Rebel Rebel, the award winning The Heart of Another is a Dark Forest, Debut 1, the award winning Bedroom Dancing, Next of Kin, Take Me There and the award winning film Necessary Games.

Andrew directed Powerful Beat for Debut 2, mentored by Aidan Kane Munn and Operation Bear Trap...Rumbling for Debut 3, mentored by Philip Channels. Andrew also works as a workshop co-tutor for Restless Dance Theatre. Andrew has Down Syndrome.

Jesse Rochow



Jesse was invited to join the Restless Youth Ensemble in 2010. He has performed in Take Me There, Next of Kin and High Voltage. In 2012 Jesse toured to Papua New Guinea with Restless Dance Theatre to perform Lorcan Hoppers High Voltage for the Sixth Annual Australia Week Celebrations. In 2011 he received funding from the Richard Llewellyn Trust to attend a conference with Candoco dance company in London. Jesse has been involved in workshops and intensives with prominent dance makers from around Australia. Jesse is currently a workshop tutor with Restless Dance Theatre.

Amanda Schipper



Amanda Schipper joined Restless in 2009 as a workshop participant in Restless Central and was invited to join the Youth Ensemble in 2011. In 2011 she performed in Debut 3 – the dancers direct under the direction of Jianna Georgiou in Superhero Island.

Matthew Shilcock



Matthew Shilcock is an emerging contemporary/dance theatre artist. In 2009 he joined No Strings Attached performing in The Garden High, A Touch of Compost and Shine SA's Relationships and Disabilities television commercial. Matt began working with Restless Dance Theatre in 2010 with his debut in Next of Kin - no ordinary status family. Since then he has performed with the company in Take Me There and Debut 3. As an Independent artist Matt has performed with the International Artist Lab in London with Candoco Dance Company and The Last Supper by Jade Erlandson.

Tara Stewart



Tara has been involved with singing and dancing all her life, performing with her Wandana school choir and publicly on many occasions. A highlight was performing in the choir at the Festival Theatre in 2003. She joined Restless Central in 2011 and was invited to be a guest dancer for Debut 3, she has since attended the Ranters Theatre workshop.

Restless Dance Theatre

Restless is one of Australia's leading dance companies, working with disabled and non-disabled people to create unexpectedly real dance theatre and to run workshop programs. It is a place where dance is used as a mode of expression which allows people to speak eloquently to everyone. New works are planned each year. The company also takes productions on tour in South Australia and interstate.

If you want to find out more and are a young person with or without a disability, get in touch straight away. Come and take part in a workshop and find out if this is for you.

Find Out More

For details of the current program contact: Roz Hervey, Artistic Manager Phone: 8212 8495 further contact details on back cover

Restless Dance Theatre Staff:

Company Manager: Nick Hughes
Interim Artistic Manager: Roz Hervey
Financial Administrator: Maggie Armstrong
Office Administrator: Lyn Wagstaff

Restless Board of Management:

Jayne Boase (Chair), Karen Bryant (Deputy Chair), David Gadsden (Treasurer), Nick Linke, Sasha Zahra, Steve Mayhew, Katharine Annear, Ted Evans, Matt Shilcock and Jesse Rochow.

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Support

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CARCLEW
YOUTH ARTS



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