



ARTS ACCESS 2005 SATURDAY MORNING ART CLASS CALENDAR

Arts Access is delighted to present the 2005 Saturday Morning Art Class Calendar. This collection of artwork and writing has been created by adults who experience or have experienced mental illness.

The Saturday Morning Art Class has been an Arts Access project for more than ten years. In that time, it has provided a range of creative arts classes (visual arts and creative writing) in the southern metropolitan area of Melbourne.

Community based arts practice has emerged as a powerful force in the recovery and empowerment of people who have a mental illness.

Drawing on contemporary and historical arts practices, participants' personal experience and stories, the classes stimulate the imagination. With much encouragement and guidance from the Arts Access artists, participants find the confidence to be creative, open and exploratory. The 2005 Arts Access Calendar reflects the creative responses,

lives, stories, loves and desires of those who have shared in these remarkable classes.

Arts Access believes the 2005 Calendar will contribute to a better understanding of people who have a mental health issue, particularly, the role the arts play in contributing to wellbeing and happiness. I would like to acknowledge the beautiful work of many other people who participated in the groups which we have not been able to include in this calendar. Arts Access acknowledges The Department of Human Services, Southern Region – Psychiatric Services, for funding the Saturday Morning Art Class. Arts Access, participants and artists are very proud of this work – it is passionate, honest and touching. We hope you will find a special place for the calendar so you can enjoy the gorgeous images throughout the year.

ANNE RIGGS Project Manager



JANUARY

mon	tue	wed	thur	fri	sat	sun	
31					1 New Year	2 's Day	
3	4	5	6	7	8	9	

Artist Larissa McFarlane Medium Lino cut





THINGS I LOVE

Reading all kinds of books just to see what I'll discover Music - feeds my soul Art - feeds my imagination Reflecting Poetry Dance Opera Loving Dreaming

FEBRUARY

mon	tue	wed	thur	fri	sat	sun	
	1	2	3	4	5	6	
7	8	9 Lunar New	10 Year	11	12	13	

Sketches from the drawing workshop Frankston 2003 Artist from left to right Mary, Peter, Peter, Chris Text Carolyn Scott





MARCH

mon	tue	wed	thur	fri	sat	sun	
	1	2	3	4	5	6	
7	8	9	10	11	12	13	

Artist Vicky Wilbur Medium Lino cut





APRIL

mon	tue	wed	thur	fri	sat	sun	
				1	2	3	
(i							
4	5	6	7	8	9	10	



I WANT

Warm slippers with hot chocolate Scones with jam and cream Sky dive over Maldives Be employed as the person who touches people on the shoulder as they pass through the ghost train Be happy as Larry



MAY

mon	tue	wed	thur	fri	sat	sun	
30	31					1	
2	3	4	5	6	7	8	

Artist Suzanne Shimmin Medium Collage Text Phillip Connolly





JUNE

mon	tue	wed	thur	fri	sat	sun	
		1	2	3	4	5	
6	7	Q	0	10	11	19	
0	L	0	9	10	11	12	

Artist (main drawing) Larissa McFarlane Medium (main drawing) Pastel on Paper Sketch from "The Body" Hampton 2004





JULY

mon	tue	wed	thur	fri	sat	sun	
				1	2	3	
4	5	6	7	8	9	10	

Artist Fiona Walsh Medium Watercolour on paper







FIVE BUGS Interruption of rhythm Media proliferation New houses Droughts Cold tea

AUGUST

mon	tue	wed	thur	fri	sat	sun	
1	2	3	4	5	6	7	
8	9	10	11	12	13	14	

Sketch from the drawing workshop Frankston 2003 Text and Painting Phillip Connolly





SEPTEMBER

mon	tue	wed	thur	fri	sat	sun	
			1	2	3	4	
5	6	7	Q	0	10	11	
5	0	l	Ŏ	9	10	11	

Carolyn Scott Ink on Paper Nola Bren Collage





OCTOBER

mon	tue	wed	thur	fri	sat	sun	
31					1	2	
3	4 Jewish Nev Ramadam		6	7	8	9	

Artist Suzanne Shimmin Medium Collage

10 World Mental Health Day	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
		0		8 3		



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FIVE ANIMALS I WOULD BE

Cat – good life, no worries Spider – useful around the house Macaw parrot – long life Blue whale –largest animal ever Butterfly – beauty

NOVEMBER

mon	tue	wed	thur	fri	sat	sun	
	1 Melbourne	2 e Cup	3	4	5	6	
7	8	9	10	11	12	13	

Artist Carolyn Scott Medium Pastel and ink on paper Text Michael Watkins





DECEMBER

mon	tue	wed	thur	fri	sat	sun	
			1	2	3 4 International Day		
					of People a DisAbilit	with	
5	6	7	8	9	10	11	

Artist Phillip Connolly Medium Watercolour and ink on paper



Photos Catherine Acin Barbara BoetkerCover Drawing by Jan Stumbles

Arts Access

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With 30 years experience, Arts Access Victoria is the peak arts and disability/disadvantage body in Victoria. We provide access to the arts for people with a disability and those who are disadvantaged as participants and artists, and as audience members and visitors. We achieve this by working in partnership; training and sharing our methodologies; providing information, advice and referral, and by running model programs and projects across the state.





Australian Government

VICTORIA

