

PROGRAM

Direction: Ingrid Voorendt

Design: Gaelle Mellis

Sound: Zoë Barry & Catherine Oates

Lighting Design: Govin Ruben



RESTLESS DANCE PRESENTS

SAFE FROM HARM



THANK YOU

Freddie Brincatt, Bunnings Mile End, Naida Chinner, Geoff Cobham, Community Bridging Services, Chris Drummond, Envestra, Catherine Fitzgerald, Noel and Dianne Guerin, Ladykillers, Nick Linke, Astrid Pill, PJ Rose, Ben Snodgrass, Kate Sulan, Sol Ulbrich, Stephen Sheehan, State Theatre Company of South Australia, Emily Trott, Jed Palmer and Sophie Guerin, The Board of Restless Dance Company and the friends, families and supporters of the dancers.

RESTLESS DANCE STAFF

Artistic Director: Ingrid Voorendt

Company Manager: Nick Hughes

RESTLESS COMPANY PATRON: Jane Lomax-Smith

Check out our website: www.restlessdance.org

Restless Dance Company is one of Australia's leading youth dance companies, working with people with and without a disability to create dance theatre and to run workshop programs.

New works are planned each year. The company also takes productions on tour in South Australia and interstate.

If you want to find out more and are a young person with or without a disability, get in touch straight away. Come and take part in a workshop and find out if this is for you.

FIND OUT MORE

For details of the current program contact:
Ingrid Voorendt, Artistic Director
Telephone: 8212 8495 Email: Ingrid@restlessdance.org or write to:
Restless Dance Company, 234a Sturt Street, Adelaide SA 5000

Restless Dance gratefully acknowledges the support of:
the Dance Board of the Australia Council, the Federal Government's arts funding and advisory body and the South Australian Government through the South Australian Youth Arts Board and through Arts SA.



Government of South Australia
Arts SA



Positive
minds
attract



She has learned the hard way that there is no safety. That there never was any safety. So it is the illusion of safety that she misses, nothing more. Ruefully, she conjures what has long been her touchstone, the apotheosis of refuge - that tent holding its own against the elements... In the end, it was a token of false security, really, of the dangers of ever allowing yourself to imagine that you'll be okay.

from **The Post-Birthday World** by Lionel Shriver

I read this passage while we were partway through making Safe from Harm, and I felt it captured the ideas we were playing with. The work has been made collaboratively through a dance theatre process, with the performers making material in response to tasks and questions, and through improvisations and games. The initial starting point was the concept of dignity of risk versus duty of care: the tension between our need to take risks and our need to be safe. Safe from Harm moves back and forth between real and imagined dangers.

Safe from Harm launches the company's new professional and touring ensemble, and is different from the other works I have directed for Restless, which were all made with the youth ensemble with casts of at least 12 people. I would like to acknowledge the maturity and professionalism of James Bull, Lorcan Hopper and Anastasia Retallack, current members of the youth ensemble, in their debut as professional performers.

Big thanks and love to all the performers for their creative responses, their trust and their commitment, to the rest of their team for their contributions, and to Nick Hughes, my artistic peer advisory group and the Restless board for all their support.

INGRID VOORENDT

BIOGRAPHIES

ZOË BARRY

A classically trained cellist, Zoë performs and composes for theatre & dance companies including State Theatre, Vitalstatistix, Patch and Restless (Perfect Match, In The Blood). Zoë is a member of Ladykillers, composing and performing in Cake and Lullaby and currently working on Based On A True Story with her band Hope Diamond.

JAMES BULL

James joined the Restless youth ensemble in 1999. He has performed in Drift, Precious, Headlong, Proximal, the Precious tour to the 2000 Sydney Paralympics, In The Blood, The Days Allotted to Me, Starry Eyed, The Laminex Man, Sustenance, Vocabulary and Rebel Rebel.

ROZ HERVEY

Roz has worked for dance and dance theatre companies including One Extra, Sydney Front, Dance North, Theatre of Image, Sue Healey, Meryl Tankard, DV8, and Kate Champion's Force Majeure. She has taught physical theatre and is Movement Co-ordinator for the Flinders Drama Centre.

LORCAN HOPPER

Lorcan started Restless in 2004 as a workshop participant in Home and Tilt. He was invited to join the youth ensemble in 2005 and has performed in Sustenance, Vocabulary (a collaboration with Australian Dance Theatre), Continual Unfolding of Now and Rebel Rebel.

GAELE MELLIS

Gaelle is a disabled artist and Restless's resident designer. She has designed set and costumes for every work to date. Gaelle was awarded the 2002 Adelaide Critics Circle individual award for Excellence, a 2004 Churchill Fellowship to research disability arts in the UK & Europe and a 2006 Adelaide Fringe award for design. She is a member of Ladykillers.

STEPHEN NOONAN

Stephen has performed with Restless Dance, Yashchin Company, Vitalstatistix, para//elo, Dance Exchange, Unreasonable Adults, Slack Taxi, KneeHigh Puppeteers, Safe Chamber, Soft Crash and choreographers Ingrid Voorendt and Helen Omand. He has taught at ACArts, Flinders Drama Centre and a number of youth arts companies.

CATHERINE OATES

Catherine is an award-winning percussionist, vocalist, composer and multi-skilled musician. She has composed and/or performed with the Adelaide Symphony Orchestra, the State Theatre Company of South Australia, Simone Clifford Dance Projects, Patch Theatre, Fresh Air, Slack Taxi, Australian Dance Theatre and Restless.

ANASTASIA RETALLACK

Ana was first involved in Restless through workshop programs and then as a performer in Proximal in 2001. Ana has performed with the youth ensemble in In The Blood, Headlong, Starry Eyed, The Singing of Angels, Landmark, Vocabulary, Continual Unfolding of Now and Rebel Rebel.

GOVIN RUBEN

Govin would like to thank Luke Hails and Kay Wengierek for inspiring him in the field of lighting design.

MARIO SPATE

Mario is a graduate of ACArts. He has worked as an actor and musician throughout Adelaide. Mario has worked with Restless, Patch Theatre and several youth theatre companies. He is a founding member of little black box theatre and The Misery Children who are currently working on their new work for Come Out 09.

INGRID VOORENDT

Ingrid is a director and choreographer of collaborative, physically based performance. She is a member of Ladykillers, and has worked with a wide range of performance companies. Ingrid is Restless's current artistic director and former associate director, and has directed seven works for the company since 1999.

Direction: Ingrid Voorendt	Production Manager: David Gadsden
Design: Gaelle Mellis	Stage Manager: Brianna Meldrum
Sound: Zoë Barry & Catherine Oates	Costume Construction: Tia King
Lighting Design: Govin Ruben	Sound System Design: Craig Greening
Associate Director: Roz Hervey	Lighting Operator: Damon Jones
Artistic Peer Advisory Group: Sally Chance, Sam Haren, Steve Mayhew	

CAST

Top: Zoë Barry, James Bull, Lorcan Hopper,
Bottom: Stephen Noonan, Anastasia Retallack, Mario Spate

