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BETSY AND I: CONVERSATIONS WITH MY WALKER By <u>Alexandra Ellen</u>

is indelabilityarts latest production. Led by ensemble member Alexandra Ellen, BETSY AND I is a live performance piece that follows the relationship between Ivy and her wheelie walker, Betsy.

Exploring themes of mental health, disability and self-acceptance. Ivy, the main character, is a young woman living with mental and chronic health illnesses. To help navigate the mobility barriers in society, Ivy buys a wheelie walker ' Betsy' who takes on human form in this show and through fun and heart warming adventures and a little bit of tough love, Ivy explores what it means to be disabled and comes to a place of acceptance and disability pride.

Besty and I is created with accessibility as a key priority - incorporating Auslan, visual imagery, audio description and captioning. Further to this, the show is supported by meaningful community engagement where audiences are invited to 'tea' with Betsy and Ivy and supported in sharing their own journeys.



This program is proudly sponsored by Brisbane City Council through the Creative Sparks grant, and the Queensland Government through Arts Queensland

BETSY AND I



Home
Our Shows
Workshops/Training
Gallery
Shop
Current Employment Opportunities
Donations
Contact

indelabilityarts would like to acknowledge the Jagera and Turrbal people who are the Traditional Custodians of this land.

We pay our respects to Elders both past and present, and to all Aboriginal and Torres Strait Islander peoples.

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