

THE ARTS AND DISABILITY

**Access2Arts
Company AT
mindshare**

**No Strings Attached Theatre of Disability
Restless Dance Theatre**

Sit down, Shut up and Watch!

Film and New Media Festival

Sisters of Invention

Tutti Arts

The Jam, The Mix, The Gig

A NDIS Project

**Making 30 experiences
accessible.
It's free for all ages.**



South Australia is home to many Arts and Disability companies and Deaf and disabled artists who make work in the areas of music, dance, theatre, visual arts, film and new media. Many SA artists and organisations are recognised nationally and internationally as leaders in Arts and Disability.

The arts play an important role in everyone's life. Whether it's reading, drama, visual art, dance or music they inform everyone's daily existence; enriching our lives and expanding our horizons.

Accessing the right artistic experience can open up new opportunities to discover and explore your self-expression, and self-determination.

Engagement in the arts can lead to:

- improved well-being
- enriched life experiences
- increased self confidence
- improved sense of belonging and connection with others
- empowerment
- a sense of achievement and worth in society.

Connecting with the arts provides the foundation for a rich and satisfying life. So when planning your NDIS supports, make sure you include the arts!

Restless Dance Theatre

Unexpectedly real.

Photo: Shane Reid



Restless runs inclusive workshops led by highly experienced tutors, which involve creating movement in a safe and fun environment.

No experience is necessary, just the desire to take part.

Workshops and productions provide positive outcomes for participants by encouraging independence and inclusion. The creative abilities of the participants with disability are the heart of all Restless projects.

restlessdance.org

08 8212 8495

 info@restlessdance.org

 RestlessDanceTheatre

RESTLESS
DANCE
THEATRE

Sit Down, Shut Up and Watch! Film and New Media Festival (SDSW!)

SDSW! showcases the filmmaking talents of artists with a learning disability to the world. Photo: Lawrence Leon Woods

SDSW! is the first learning disability led film and new media festival in the Southern Hemisphere and runs film making workshops in Adelaide and Regional SA by request.



sitdownshutupandwatch.com

Tutti Arts 08 8422 6511

✉ info@tutti.org.au

f Sit Down, Shutup and Watch Film & New Media Festival



The Sisters of Invention

A learning disability-led electro-acoustic pop group who promote original songs.

Photo: Sam Oster

Australia's first pop girl group with disability has released their self-titled debut album in Adelaide, which included the single and music video, *This isn't Disneyland*. Workshops by request.



Tutti Arts 08 8422 6511

✉ michael.ross@tutti.org.au

f The Sisters of Invention

THE SISTERS of INVENTION

Tutti Arts

Inclusive, Extraordinary Art



Tutti provides a range of programs and workshops in the visual, performing and digital arts to interested beginners through the NDIS.

All programs are led by professional artist/tutors and offer skills development in a safe, happy and productive environment. The ideas and creativity of participants are central to generating work for exhibition, performance and screening.

tutti.org.au

08 8422 6510

✉ dorothy.obrien@tutti.org.au

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INCLUSIVE
EXTRAORDINARY
ART

The Jam, The Mix, The Gig

A community based music
& mental health program.

Photo: Sue Williams



The Jam, The Mix, The Gig offers activities such as: playing music with others, whatever your ability (The Jam), developing your music and song writing skills (The Mix) and performing live with The JMG Band (The Gig).

The annual program of workshops and performances form the base to which Special Projects are added when additional funding and partnerships are secured.

The 2016—17 Program comprises 39 workshops and 12 public performances.

thejmg.org.au

0402 429 197

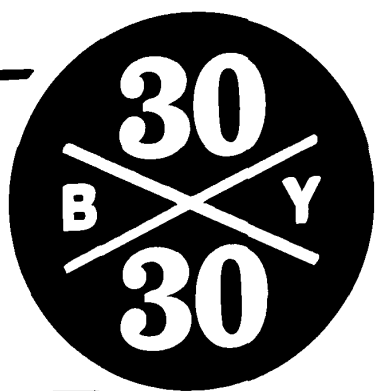
✉ rpatchell@optusnet.com.au

f TheJamTheMixTheGig



A NDIS Project

**Making 30
experiences accessible.
It's free for all ages.**



**Ever wanted to experience something new?
Discover arts, culture, recreation, leisure and sport
through 30x30. 30x30 is a project creating accessible
activities and events throughout South Australia.**

Access2Arts is working with leading South Australia organizations to create accessible experiences.

We are currently hosting relaxed screenings of the latest Hollywood blockbusters, Tours of Adelaide Zoo and a behind the scenes experience at Adelaide Oval.

All tickets are free, and we encourage people to bring a friend, lover, family to share these unique experiences.

Free tickets to these events can be yours in 3 easy steps:

- 1) Create an account**
- 2) Tell us your access requirements**
- 3) Book your tickets!**

It's that easy!

This project is supported by the National Disability Insurance Scheme.

30x30.com.au

08 8463 1689

Access2Arts

Access2Arts is a disability-led organisation that works across all art forms.

Photo: Sam Oster



Creating cultural change by daring to raise expectations. It's our mantra and we revel in it!

We work to bring about cultural change and drive transformative action to see Deaf and disabled people thrive in an inclusive 21st century arts landscape.

We do this by working to remove barriers to the arts and arts opportunities for artists, audiences and arts and cultural organisations.

'A small but mighty arts and disability organisation.'

access2arts.org.au

08 8463 1689

✉ info@access2arts.org.au

f Access2Arts



Access2Arts

Company AT

Theatre for and by people on the spectrum.



A pioneer in Australian theatre. The entire ensemble is on the Spectrum including the Artistic Director.

Company AT entertains and enlightens through innovative and boundary pushing theatre work that advocates for people with Autism Spectrum Disorder (ASD) and educates the audience about ASD.

Using the concept of 'If you have something to say, theatre can work for you,' Company AT helps to develop the talents of performing artists with ASD.

Enquiries via Tutti Arts
08 8422 6511

✉ julian.jaensch@tutti.org.au

f Company-AT

COMPANY
autistic theatre



mindshare

mindshare expresses the lived experience of mental illness through creative work.



mindshare is an online mental health community. Creative writing, blogs, poetry, visual arts, photography, music, podcasts and moving image are features of mindshare's activities.

Members are encouraged to participate in workshops to develop their creative skills and capacity in the medium of their choice. The overarching goal is to combat the stigma of mental illness through storytelling.

mindshare.org.au

✉ mindshare@mhcsa.org.au
f [mindshareOz](#) 🐦 [@mindshareOz](#)

mindshare

No Strings Attached

We make original theatre pieces created with and for people living with disability.

Photo: Heidi Linelhart



Are you born to be on stage? NSA provides professional theatre skills workshops with opportunities to perform on stage, off stage and back stage.

Our weekly theatre workshop programs are tailored to the needs, abilities & skills of each participant.

Professional theatre mentors consult & collaborate with all the performers to explore themes & ideas to create award-winning theatre together. Come and Try for FREE. Everyone is welcome. Join us and give your voice to the lived experience of disability.

nostringsattached.org.au

08 8363 5970

✉ contact.us@nostringsattached.org.au

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no
strings
attached



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